

KEEP IT SAFE: Family Violence Safety Tips

Steps to Stay as Safe as Possible Safety During an Explosive Incident

- A. If you feel an argument may be about to occur, try to move to a place that has one or more exits. Try to avoid being in a bathroom, kitchen or room that may contain weapons.
- B. Practice exiting your home safely. Identify which doors, windows, elevator, or stairwell to use.
- C. Pack a bag, and leave it with a friend or relative.
- D. Identify one or more neighbors you can tell about the violence, and ask them to call the police if they hear a disturbance coming from your home.
- E. Develop an age-appropriate safety plan with your children.
- F. Devise a code word to use with your children, family, friends and neighbors when you need someone to call the police.
- G. Decide and plan where you will go if you ever have to leave home.
- H. Trust your instincts and your judgment. In some dangerous situations, you may choose to give the abuser what he/she wants to calm him/her down. Only you can decide the best way to protect yourself and your children in each situation.

Safety with Technology

- A. Create a new email account.
- B. Your abuser may be monitoring activity on your computer. If possible, use a safe computer, which may be located at:
 - a public library
 - a community center
 - an internet cafe.
- C. Change passwords and PIN numbers frequently.
- D. Your abuser could use your old cell phone bill to see who you've been calling or use the GPS in your cell phone to track your location. To avoid these risks, use a donated or prepaid cell phone to make plans. Contact your local domestic violence program to see if they can provide you with a donated phone.
- E. Search your name on the internet to see if the results have links to your contact information.

Safety When Preparing To Leave

- Leaving an abusive relationship can be dangerous, it's important to take steps to insure your safety.
- A. It's best not to tell the person abusing you that you are planning to leave. Make your plans in secret and leave when he/she isn't home.
 - B. Open a checking or savings account in your own name.

- C. Leave money, an extra set of keys, copies of important documents and extra clothes and medicine in a safe place or with someone you trust.
- D. Get your own post office box.
- E. Identify a safe place where you can go and, if possible, someone who can loan you money.
- F. Always keep the shelter phone number, a calling card, or change for emergency phone calls with you.

Safety With A Protective Order

- A. If you or your children have been threatened or assaulted, you can request a protective order from the County Attorney's Office. For information on applying for a protective order, call your local domestic violence program or go to the website www.womenslaw.org.
- B. Keep a copy of your protective order with you. Also keep a copy in your car, home, work and your children's school.
- C. Call the police if your abuser violates the protective order.
- D. Inform family members, friends and neighbors that you have a protective order against your abuser.

Safety In Your Own Residence

- A. If you stay in your home, lock windows and change the locks on doors as soon as possible.
- B. Develop a safety plan with your children for times when you are not with them.
- C. Inform your children's school, day care, etc., about who has permission to pick up your children.
- D. Inform neighbors and the landlord that your partner no longer lives with you, and that they should call the police if they see him/her near your home.
- E. Never tell the abuser know where you live. Never call the abuser from your home because, he/she may find out where you live.
- F. Request an unlisted/unpublished number from the telephone company.
- G. Notify your utility company of security needs and restrict access to the account by using a password.

Safety On The Job And In Public

- A. Inform someone at work of your situation. Include the security officers at work and provide them with a copy of your protective order and a picture of your abuser.
- B. Have someone screen your calls at work.
- C. Have someone escort you to and from your car.
- D. Use a variety of routes to come and go from home.
- E. You can buy an air horn at your local hardware store or order online. If you are in public and the abusive person approaches you, sound the horn to startle him/her and draw attention to yourself.

**For more information visit our website at
www.79-DistrictAttorney-tx.org**

KEEP IT SAFE: Family Violence Safety Tips

Checklist

Important Items to Take When You Leave

Identification

- Driver's License
- Birth Certificate
- Children's Birth Certificates
- Social Security Cards

Financial

- Money and/or credit cards (in your name)
- Checking and/or savings account books

Legal Papers

- Protective Order
- Lease, rental agreement and house deed
- Car registration and insurance papers
- Health and life insurance papers
- Medical records for you and your children
- School records
- Work permits/Green Card/Visa
- Passport
- Divorce and custody papers
- Marriage license

Other

- Medications
- House and car keys
- Valuable jewelry
- Address book
- Pictures and sentimental items
- Change of clothes for you and your children
- Other

Emergency Numbers

Police Emergency 911

National Domestic Violence Hotline

Crisis intervention, safety planning and referrals to local domestic violence programs.

1-800-799-SAFE (7233)

1-800-787-3224 (TTY) for the Deaf

Texas Advocacy Project

Information and referrals regarding legal issues.

Family Violence Legal Line

1-800-374-HOPE (4673)

Department of Family and Protective Services

For reporting abuse against children, people with disabilities or the elderly.

Abuse/Neglect Hotline

1-800-252-5400

Telephone Numbers In Your Area

Police and/or Sheriff's Departments:

Brooks Co. SO	(361)325-3696
Jim Wells Co. SO	(361)668-0341
Alice PD	(361)664-0186
Falfurrias PD	(361)325-5041
Premont PD	(361)348-3231
Orange Grove PD	(361)384-2844
San Diego PD	(361)279-2924

County Attorney's Offices:

Jesusa Sanchez-Vera	Homer Mora
Jim Wells County Attorney	Brooks County Attorney
(361)668-5700	(361)325-5604, ext. 159, 160

Domestic Violence Program Hotline:

Women's Shelter of South Texas

Toll-Free Hotline- (800) 580-HURT (4878)

Local Hotline- (361)881-8888

ABOUT THE DISTRICT ATTORNEY

Carlos Omar Garcia, 79th Judicial District Attorney.

Carlos was born and raised in Alice with extended family ties in Jim Wells, Brooks, and Duval Counties. Carlos began his distinguished prosecutorial career in 1997. Before being elected as District Attorney, Carlos worked an Assistant District Attorney for Kleberg and Kenedy Counties (2008-2012) and the 79th Judicial District Attorney's Office for Brooks & Jim Wells Counties (1997-2008). In addition to his service as a felony prosecutor, Carlos has also served as an Assistant County Attorney for Brooks, Jim Wells, and Kleberg Counties.

In addition to his background as a prosecutor, Carlos is a certified martial arts/self defense instructor, certified NRA *Refuse to Be a Victim* instructor, and NRA Pistol Instructor.

COMPLIMENTS OF



CARLOS OMAR GARCIA
79th JUDICIAL DISTRICT ATTORNEY

JIM WELLS COUNTY

P.O. Box 3157

Alice, Texas 78333

(361)668-5716

Fax (361)668-9974

BROOKS COUNTY

P.O. Box 283

Falfurrias, Texas 78355

(361)325-5604, Ext. 259

Fax (361)325-2993

For more information visit our website at
www.79-DistrictAttorney-tx.org